



KIWI WEST AQUATICS

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**** ALL STARS 13&U JUNIOR MEET ****

Sunday 3rd NOVEMBER 2019
FREYBERG COMMUNITY INDOOR POOL (25M)
PALMERSTON NORTH



KIWI WEST AQUATICS

| MIXED BOYS & GIRLS | Warm up 12.30pm - Start 1.00pm |
|--------------------|--------------------------------|
| EVENTS | |
| 01. | 50m Freestyle |
| 02. | 100m Backstroke |
| 03. | 50m Butterfly |
| 04. | 100m Breaststroke |
| 05. | 100m Butterfly |

| MIXED BOYS & GIRLS | 20 Minute Break |
|--------------------|-------------------------------------------------------|
| EVENTS | |
| 06. | 50m Backstroke |
| 07. | 100m Freestyle |
| 08. | 50m Breaststroke |
| 09. | 100m Individual Medley |
| 10. | Skins Race 50m Freestyle Fastest six from event 01 |

"West End Cup"

*The cup will be presented to the club with the highest points score at the KIWI ALL STARS Carnival
Points per SNZ standard.*

CONDITIONS OF ENTRY

- Meet conducted under SNZ, FINA & PARA rules. All participants must agree to comply with the Sports Anti- Doping Rules and regulations.
- All swimmers must be registered as competitive or club swimmers with Swimming New Zealand. Age is as at first day of the meet.
- Athletes who hold a Para Classification are eligible to participate in this meet and will be seeded amongst able-bodied athletes on the basis of entry times.
- **Swimmers limited to 5 events.**
- No refunds after psych sheet have been posted, unless medical certificate has been provided.
- **Entry Fee: \$7.50 PER EVENT.** Free pool entry - Programs \$3 includes Raffle Ticket
- All events are timed finals and medal events will be seeded by time; results will be by (9&U, 10, 11, 12, 13) age group.
- **Entries to be done via SNZ website**
- Assistance with timekeeping will be required to ensure a successful meet. 1 timekeeper per 4 swimmers entered.
- **ENTRIES CLOSE Monday 28th October 2019 at Midnight.** No late entries or changes accepted.

PRIZES

- **Team Managers** can collect the medals & Ribbons from control. They will not be presented.
- Medals for boys & girls for the first three place getters in each of the following age groups. (9/U, 10, 11, 12 &13).
- Ribbons will be awarded to 4th 5th & 6th place getters in each individual age group event. (9/U, 10, 11, 12 &13).

SKINS RACES

- The fastest 6 boys and fastest 6 girls from event 1 will separately swim 5 x 50m races with the slowest boy and girl dropping out of the next race until there is a boy and girl winner. Races will start every 3 minutes. Winners prize \$50.00 (1st place) & \$25.00 (2nd Place) cash
- Rules for the skins race will be distributed to team managers on the day.

Kiwi West Aquatics will not be liable for any loss or damage incurred during the meet.

Psych sheets and results will be posted on the Kiwi West Website <https://kiwiwest.org/> and the Swimming Manawatu Web Site <https://www.manawatu.swimming.org.nz/>

All enquiries to:

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**ENTRIES CLOSE Midnight
28th OCTOBER 2019.**
(no times *will be* accepted).